

Abstract of the Disclosure:

Crystallized glass is formed by precipitating  $\beta$ -spodumene solid  
5 solution or  $\beta$ -quartz solid solution, and contains, by mass percent, 55-72%  $\text{SiO}_2$ ,  
14-30%  $\text{Al}_2\text{O}_3$ , 2.9-6.0%  $\text{Li}_2\text{O}$ , and 1.0-10.0%  $\text{K}_2\text{O}$ , wherein a mass ratio  
between  $\text{Li}_2\text{O}$  and  $\text{K}_2\text{O}$  ( $\text{Li}_2\text{O}/\text{K}_2\text{O}$ ) is 2.2 or less.